

UOW College Hong Kong / Community College of City University
Student English Enhancement Unit (SEE U)
Daily English Practice

Week 3

#111 The first registered ethnic minority social worker in Hong Kong

Skills/ Objectives: Reading, Listening and Writing Skills

PART 1: Before you read...

Preparatory questions

Qt 1: Have you heard of a social worker in Hong Kong called Jeffrey Andrews?

Qt2: Why did Jeffrey Andrews experience an identity crisis when he was young?

Qt 3: Why do you think Jeffrey Andrews received a commendation from the Department of Home Affairs?

The answers to Qts 2 and 3 will be provided at the next set of Daily English Practice exercises.

The answers to relevant questions in the preceding set of exercises (How to handle stress) are as follows:

Qt 1: Can touching a pet, such as a cat or dog, help you relax?

Ans: Yes. If you pat a dog for a couple of minutes, your body releases hormones that make you feel happy and can decrease the amount of stress in your system.

Qt 2: Laughing obviously helps you relax. Besides improving your mood better, do you know how laughing makes you relaxed physically?

Ans: Laughing out loud increases oxygen and blood flow which automatically reduces stress.

Vocabulary

- troubled (adjective): worried and nervous.
- identity crisis (noun): not knowing who or what someone is.
- segregated (adjective): separated from the rest of the group of people.
- slurs (noun): bad things said to hurt people's feelings.
- hail (verb): to call someone or a taxi in order to attract their attention.
- grip (noun): firm hold on something.
- outcast (noun): person not accepted by his/her group or society.
- commendation (noun): officially giving praise.

PART 2: Article for Reading

The following article posted by SCMP gives a full account of the story of Jeffery Andrews:

Hong Kong's first ethnic minority social worker leaves triad past behind to break down barriers

<https://www.scmp.com/news/hong-kong/society/article/2187283/confused-teenager-social-worker-jeffrey-andrews-had-brush-law>

PART 3: Listening Comprehension

Listen to the following short video clips to learn more about this topic while practicing your listening skills at the same time:

Race discrimination: Children of minorities in Hong Kong lost due to a failed system
<https://www.youtube.com/watch?v=4JpRb7Hm8K0>

Hong Kong police profile ethnic minorities, student tells legislature
<https://www.youtube.com/watch?v=nmydccZ29JQ>

Hero Hong Kong police constable: 'I was just doing my duty'
https://www.youtube.com/watch?v=hxzLpqs_xak

PART 4: Writing Practice

Did you notice the nice description in the following sentence in the main text?

Jeffrey Andrews lacked a bond with his Indian roots.

A bond is a close connection between two things. When used figuratively as in the sentence above, it emphasizes the strong connection between Jeffrey Andrews and his Indian family or culture. Another example of its use is as follows:

With their bond of friendship, the two boys always help each other in times of difficulty.

Can you write a sentence of your own using this expression “a bond of/with something”? Send your writing to: see.u@ccu.edu.hk. Remember! Our **SEE U** teachers are always ready to give you feedback.