

**UOW College Hong Kong / Community College of City University**  
**Student English Enhancement Unit (SEE U)**  
**Daily English Practice**

Week 1

**#101 Wing Chun Kungfu 詠春**

**Skills/ Objectives: Reading, Listening and Writing Skills**

**PART 1: Before you read...**

**Preparatory questions**

Qt 1: Can you name three big names of Wing Chun masters you have seen in movies?

Qt 2: Are you aware that a woman with Wing Chun skills can overcome a strong man with ease?

Qt 3: Did you know that the Wing Chun Kungfu was not first developed by Ms Yim Wing Chun?

**Vocabulary**

1. viral (adjective): basically means “related to a virus”. It is also used to describe something with strong popularity being spread like a virus.
2. blend into (phrasal verb): to blend something into another thing is to combine it into the surrounding environment in order to make it unnoticeable.
3. slur (noun): criticisms intended to hurt people.
4. go into an activity (phrasal verb): to start doing something.
5. renowned (adjective): famous for a particular aspect of good performance.
6. pummel (verb): to hit someone repeatedly with the fists.

*The following is/are answer(s) to relevant question(s) in the preceding set of exercises “Can we live on Mars?”:*

*Qt 2: NASA is very certain that humans can live on Mars in the future since the “building blocks of life” have been discovered on the planet.*

*Qt 3: Mars is the most similar to the environments found on Earth compared with any other planet in the solar system. For this reason, Mars is the best possible option for human emigration.*

**PART 2: Reading Comprehension**

In the following article posted in the SCMP web-site, you will read about Wing Chun Kungfu in Hong Kong. Check out how the above six words are used in actual context.

*Hong Kong Wing Chun teacher takes on viral Kungfu videos*

*<https://www.scmp.com/sport/mixed-martial-arts/article/2176275/hong-kong-wing-chun-teacher-takes-viral-kung-fu-videos-and>*

Qt 4: Can you locate the sentences in the SCMP article in which the six vocabulary items introduced above are used? The answers will be provided at the next set of Daily English Practice Exercise.

### **PART 3: Listening Comprehension**

Here are two stories on You Tube to help train your listening ability. In the short video clip, you will hear the following sentences mentioned. Can you fill in the blanks?

*Wing Chun Kung Fu - A Brief History*

<https://www.youtube.com/watch?v=pvKJfUf3ox0>

Qt 5: About 300 years ago, the Shaolin and the Hans were being \_\_\_\_\_ by the Manchu warriors.

Qt 6: The Manchus \_\_\_\_\_ the temple and burned it down.

Qt 7: Lim Bat Chao in turn \_\_\_\_\_ the Wing Chun system \_\_\_\_\_ his wife.

### **PART 4: Writing Practice**

Can you make one sentence with each of the following words/expressions?

Qt 8: oppressed by (phrasal verb): bullied by

Qt 9: storm (verb): to occupy a place by sending people there in large numbers

Qt 10: name after (phrasal verb): to give something a name with that of a person

The answers to Qts 4-10 will be provided in the next set of Daily English Practice exercises.

**Send your writing to:** [see.u@cccu.edu.hk](mailto:see.u@cccu.edu.hk). Remember! Our SEE U teachers are always ready to give you feedback.