

UOW College Hong Kong / Community College of City University
Student English Enhancement Unit (SEE U)
Daily English Practice

Week 8

#39 Meet Raymond Poon, Rex Tso's 'successor' and Hong Kong's next big boxing star

Skills/ Objectives: Reading and Speaking

PART 1: Before you read...

Preparatory questions

1. Do you have a role model? Who is she/he? How does she or he inspire you?

Vocabulary

1. Persistence (noun): the attitude of someone who continues to do something in a determined way
2. Retirement (noun): someone stops working because he or she has reached a particular age
3. Capable (adjective): able
4. Amateur (noun): a person who participate in an activity for pleasure
5. Unadulterated (adjective): pure; nothing being added
6. Testament (noun): proof

PART 2: Article

In this interview, Raymond Poon, a Hong Kong boxing champion, shares his experience as a boxer.

Meet Raymond Poon, Rex Tso's 'successor' and Hong Kong's next big boxing star (*click the read the article*)

<https://yp.scmp.com/news/sports/article/109881/meet-raymond-poon-rex-tsos-successor-and-hong-kongs-next-big-boxing-star>

(Source: Young Post)

PART 3: Let's discuss!

1. What have you learnt from Raymond Poon? What are his secrets of success?
2. Do you have any role model? Who is he/ she? What did he/ she do that inspired you?

PART 4: Speaking

Interview your classmates or teachers and ask them who their role models are.

PART 5: Learn further

1. How Rex Tso finds work-life balance amid a hectic schedule

In this interview, Rex Tso, a Hong Kong champion box shares how he maintains a work-life balance.

<https://www.scmp.com/magazines/style/people-events/article/2116925/how-rex-tso-finds-work-life-balance-amind-hectic>