

Week 3

#14 Adulting 101: paralysed by way too many choices? Here's how to streamline your decision-making process

Skills/ Objectives: Reading and Writing

PART 1: Before you read...

Preparatory questions

1. Are you good at making decisions? How do you make decisions?
2. What is your future plan? What do you plan to do when you graduate? In five years?

Vocabulary

1. Excruciating (adjective): extremely painful
2. Overwhelm (verb): to cause somebody feel strong emotion
3. By all means (phrase): Certainly (usually used in spoken English)
4. Resolve (verb): to make a decision to do something
5. Contemplate (verb): to consider something very carefully for a long time
6. Irreversible (verb): impossible to change

PART 2: Article

This article offers practical tips on how to make decisions.

Adulting 101: paralysed by way too many choices? Here's how to streamline your decision-making process (*click the link to read the article*)

<https://yp.scmp.com/go-to-gurus/advice/article/108264/adulting-101-paralysed-way-too-many-choices-heres-how-streamline>

(Source: Young Post)

PART 3: Let's discuss!

1. What have you learnt from the article about decision making? What do you find useful?
2. Are you good at making decisions? How do you make decisions?
3. What is your future plan? What do you plan to do when you graduate? What will you do from today to achieve your goals?

PART 4: Writing practice

Brainy Quotes (<https://www.brainyquote.com/>) has provided quotes from historical to today's figures. Choose one that you find inspiring and share with us on Moodle. Please also explain your choice.

PART 5: Learn further

1. ROYP: From Einstein to anime, our readers share quotes that motivate their ambitions

The young post readers share their favorite quote that inspires and motivates them.

<https://yp.scmp.com/over-to-you/columns/article/106895/royp-einstein-anime-our-readers-share-quotes-motivate-their>

Chat online!

[Moodle Chat Room](#)

26 September 2018 (Wednesday) 5:30 – 6:30 pm

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